



Co-funded by the  
Erasmus+ Programme  
of the European Union



## Culture Dance Steps

**Italy, 19-27/08/2019**



## INFOPACK

Place: Quarna Sotto, Italy

Period: 19-27 of August 2019

Countries: Italy, Romania, Turkey, Croatia, Poland

Participants: 4 participants (18-27) + 1 Group Leader (18+)

# Description of the hosting organization

*Mastronauta, since 2001, operates as an independent arts centre that encourages the practice of artistic and creative disciplines by organizing courses, workshops, exhibitions, residencies for artists, events, exhibitions and art tourism experiences.*

*Based in Omegna, Orta lake, in the former FARO foundry, the headquarters of the Association is an example of industrial archaeology converted into a place of socio-cultural and artistic ferment, open to contemporary languages and to anyone who needs a laboratory space for moments of personal or collective research.*

*In almost 18 years of activity, Mastronauta has rooted its own distinctive identity that has no equal in the area both for longevity and for liveliness and variety of proposals. Peculiar elements are the multi-disciplinary offer and the artistic spirit that characterizes the identity of space, activities and its promoters.*

*The operation of Mastronauta does not convey pre-packaged proposals, but acts in support of artistic and creative ferments, stimulating the processes of conception and creation and generating a cultural and social impact that is durable and valid for the territory.*



# Project Aim and Objectives

*The aim of this project will be to give a solution for the need of multiculturalism that our communities need, to mobilize the youth of European rural areas, identify their locality's special cultural heritage, to explore and do the necessary research to learn of and generate innovative ways to promote their own locality's cultural heritage.*

*We would like to create a space for the exchange of ideas and opinions, where to discuss about cultural differences, tolerance, culture, traditions and to discover them with the help of more methods.*

*With this project, we want to raise the awareness of youths, participant organisations and the local community to the topic of Culture, Cultural diversities, tolerance, Cultural Heritage, and to rediscover our own traditions, exploring new ones from different countries. Moreover, implementing the project, we want to motivate all these categories of people to promote their own culture and Cultural Heritage.*

*The Objectives of the project are:*

- 1) Possibility for 25 Youths to discover the diversities and similarities between their cultures, in order to appreciate more our and the others*
- 2) During 8 months of project, 25 youngsters, will increase their knowledge regarding the definition of "Culture", "Cultural Heritage" and their features*
- 3) To increase the interest of participants in promoting their own culture, giving them methods to raise awareness on the topic and to promote territory*

# Participant Profile

*For this project, we are looking for open minded, pro-active young people who are interested in learning about the cultures and traditions of other European countries.*

*Each partner organization will be represented by 5 participants – 4 youngsters and 1 group leaders. With that in mind, "Culture Dance Steps" project will include 20 young people and 5 group leaders coming from 5 countries: Turkey, Poland, Italy, Romania and Croatia. Each partner should pay attention to gender balance while selection procedure and include participants with fewer opportunities (e.g. facing social, health, economic or geographical obstacles) in their national groups (minimum 4).*

*We expect the following profile of the participants:*

- young people interested in cultural diversity and willing to learn more about it;*
- motivated to contribute and fully take part in all stages of youth exchange project (including period before and after activity in Italy);*
- aged 18-27, with no upper limit for the group leader;*
- be able to express themselves in basic English – in case someone is not confident about their English skills, group leaders and key staff of participating organizations will assist them during the project;*
- advantage will be given to young people who still have not taken part in international mobility projects;*
- The participant will be financially penalised, by not being fully reimbursed and asked to cover the organizational costs, if she/he will unjustifiably miss the planned sessions of the Youth Exchange*

# How to reach the venue

*Quarna Sotto is located in the North West of Italy, close to the boarder with Switzerland (around 45 Km).*

*The closest airport to the place is Malpensa Milan; from there, we can organize private buses to take you to the accommodation.*

*The other best solution is Milan-Orio al Serio (Bergamo) Airport. From there you can take the Shuttle to Milan Central Station (one every 20/30 minutes), and then take the train to Verbania-Fondotoce Station (Line Milan – Domodossola).*



# Accommodation

*The participants will stay at the Holiday House “Domire Casa Per Ferie”, the group will be divided in 3 rooms with bunch beds, the activity room is in the next building.*

*Here, you can check the website, even if it is in Italian! :D :D*

<https://www.domire-casa-per-ferie.com/>



# Partner Organisations

- Italy  
Associazione Culturale Mastronauta  
[Luca.pinna89@gmail.com](mailto:Luca.pinna89@gmail.com)
- Poland  
Spółdzielnia Socjalna Pracownia  
[pracowniasps@gmail.com](mailto:pracowniasps@gmail.com)
- Turkey  
Belen Kaymakamlığı  
[yelizsevim@gmail.com](mailto:yelizsevim@gmail.com)
- Croatia  
Suncokret Centre for Community Development  
[Mobilnost.suncokret@gmail.com](mailto:Mobilnost.suncokret@gmail.com)
- Romania  
ASK Yourself  
[oanarizescu@yahoo.com](mailto: oanarizescu@yahoo.com)

## Reimbursement

All the project is financed by Erasmus Plus Programme: Accommodation, Food, Activities and travel.

In the next table, you can find the amount of the reimbursement for each participant; we cannot reimburse more than that limit.

In order to be reimbursed, each participant must keep all the invoices, receipt, email and boarding passes, we cannot give the money back without these documents. We will ask the documents to the group leaders that they will collect from you.

You can add to your travel 2 days, if you want to come earlier or to stay longer, but the expensive for food and accommodation during extra days are on your own.

Country	Number of Participants	Reimbursement Max.
Italy	4 + 1 (Group Leader)	20
Poland	4+ 1	275
Turkey	4+1	360
Croatia	4+1	275
Romania	4+1	275

**IMPORTANT:** Do not buy the tickets before confirmation from your sending organisation and us.

## What to bring

*Participants should bring their own towels, personal hygiene items and bed sheets. Also, it is important to bring the necessary medication, if needed. As project venue is surrounded by forest, it is suggested to bring comfortable clothes and sneakers that are appropriate for outdoor activities.*

*All project participants should have a valid ID card or passport (depending on legal requirements) and make sure to have European Health Insurance Card with them. It is highly recommended that participants purchase medical/travel insurance, but that cost cannot be covered by the hosting organization.*

*We kindly ask you to bring:*

- Map, posters, photos, postcards about your country/region/town to be displayed during the International Evening;*
- Some gastronomic specialties (food and/or drinks) for the International Evening;*
- Comfortable clothes for the sessions, sunglasses, sunscreen;*
- A nice outfit for the intercultural night.*
- At least one traditional dance to teach to the other groups*

# See You Soon!!

## Contact Information

Hosting organization: Associazione Culturale Mastronauta

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